



CYCLO CUP

Technical Guide

November 14 & 15, 2015

Lakewood, WA



Table of Contents

1. Events	3
2. Registration	3
3. Host Hotel	4
4. Schedule of Events	5
5. Race Age and Eligibility	6
6. UCI Prize Lists and UCI Points	6
7. Race Numbers	7
8. Course Maps	9
9. Start Area Staging/Rider Call Ups	11
10. Lapped Riders	11
11. First Aid/Emergency Services	11
12. Results	11
13. Awards	11
14. Directions	12
15. Club Tents, (Team Parking), Parking & Expo	12
16. Neutral Support	13
17. Event Staff, Contacts	13
18. Officials	13
19. Sponsors	13

1. Events

Saturday & Sunday November 14 & 15, Subaru Cyclo Cup (UCI C2) at Fort Steilacoom Park, 9601 Steilacoom Blvd, Lakewood WA 98498

For the Elite Men and Elite Women both events will be run according to 2015 UCI regulations. The 2015 UCI scale of penalties applies. A 2015 international racing license is required to enter these events.

All other events are under USA Cycling (USAC) Permit 2015-2545. 2015 USAC regulations and penalties apply.

2. Registration

Pre-Registration for all categories opens at 10:00 AM PST on 10/1/15 on webscorer.com. After 12:00 PM PST on 11/12/15 entry fees increase by \$5.00.

NOTE: UCI races are Pre-Registration only. You cannot register for the UCI races on race day.

For the UCI events, number pickup and sign-in closes one hour before the events.

For USAC events number pickup and day of registration closes 30 minutes prior to your event.

The same numbers will be used both days.

On-site registration and number pickup Saturday begins at 7:00 AM PST at Registration Tent shown on Course Map. On-site registration and number pickup Sunday begins at 7:00 AM PST at Registration Tent shown on Course Map.

All riders in the USAC fields must present either a valid USAC or UCI license. One-day licenses will be available for \$15. Eligibility for a one-day license purchase explained here:

Who can buy a 1-day USAC license:

-Any rider who has never held a USAC license

-Any rider who has previously held a USAC license AND was a CX Cat 4 or 5

-Any rider who has previously held a USAC license but was never ranked as a CX rider

In what categories can a 1-day license be used?

-Women's Cat 4

-Any Men's Cat 5 or Cat 4 race

-Any Junior Category

-Any Single Speed category

-Any Master's category listed as OPEN

3. Host Hotel

We have worked with Tacoma South Sound Sports Commission to secure a block of rooms for the race weekend. The property is located just off of I-5 near the exit to the venue. This is a fantastic hotel. Please follow the link below to make reservations until November 10th and receive the event group rate:

<http://hamptoninn.hilton.com/en/hp/groups/personalized/S/SEAHXHX-MFG-20151113/index.jhtml>

4. Race Schedule

Amateur Races - November 14th and 15th

Time	Category	Duration	Fees	Places	Prizes	Time Between Waves
8:30	Junior Boys 15-18	30 mins	\$20	3	Merch	
	Junior Girls 15-18	30 mins	\$20	3	Merch	
	Junior Boys 13/14	30 mins	\$20	3	Merch	1:00
	Junior Girls 13/14	30 mins	\$20	3	Merch	
	Junior Boys 10-12	30 mins	\$20	3	Merch	:30
	Junior Girls 10-12	30 mins	\$20	3	Merch	
9:15	Cat 4/5 Master Men 35+	35 mins	\$30	3	Merch	
	Cat 4/5 Master Men 45+	35 mins	\$30	3	Merch	2:00
10:10	Cat 4/5 Men	35 mins	\$30	3	Merch	
	Open Master Men 55+	35 mins	\$30	3	Merch	1:30
	Open Master Men 60+	35 mins	\$30	3	Merch	1:00
11:00	Open Women	40 mins	\$30	3	Merch	
	Cat 3 Women	40 mins	\$30	3	Merch	1:00
	Open Master Women 45+	40 mins	\$30	3	Merch	1:00
	Single Speed Women	40 mins	\$30	3	Merch	1:00
	Cat 4 Women	40 mins	\$30	3	Merch	:30
12:00	Cat 3 Men	45 mins	\$30	3	Merch	
	Cat 3 Master Men 35+	45 mins	\$30	3	Merch	1:30
	Cat 3 Master Men 45+	45 mins	\$30	3	Merch	1:30
12:55	Open Men	45 mins	\$30	3	Merch	
	Open Master Men 35+	45 mins	\$30	3	Merch	1:00
	Single Speed Men	45 mins	\$30	3	Merch	1:30
	Open Master Men 45+	45 mins	\$30	3	Merch	1:30

Professional Races

November 14th

Time	Category	Duration	Fees	Places	Prizes	
2:00	UCI Elite Men	60 mins	\$30	20	\$1814	
3:00	UCI Elite Women	40 mins	\$30	20	\$1814	

November 15th

2:00	UCI Elite Women	40 mins	\$30	20	\$1814	
3:00	UCI Elite Men	60 mins	\$30	20	\$1814	

5. Race Age and Eligibility

USAC 1A14. A rider's racing age for cyclocross is determined by the year in which the current season ends with the world championships (in this case, 2016). Take 2016 and subtract the year you were born. This is your racing age. For example, if you were born in December of 1990, your racing age is 26 (2016-1990=26)

The Elite Men events are open only to riders of racing age 19+. The Elite Women events are open only to riders of racing age 17+.

6. UCI C2 Prize list and UCI Points

Place	Elite Men		Elite Women	
	Prize Money	UCI C2 Points	Prize Money	UCI C2 Points
1	\$416.44	40	\$416.44	40
2	\$214.17	30	\$214.17	30
3	\$142.78	20	\$142.78	20
4	\$107.08	15	\$107.08	15
5	\$101.13	10	\$101.13	10
6	\$95.19	8	\$95.19	8
7	\$89.24	6	\$89.24	6
8	\$83.29	4	\$83.29	4
9	\$77.34	2	\$77.34	2
10	\$71.39	1	\$71.39	1
11	\$65.44	-	\$65.44	-
12	\$59.49	-	\$59.49	-
13	\$53.54	-	\$53.54	-
14	\$47.59	-	\$47.59	-
15	\$41.64	-	\$41.64	-
16	\$29.75	-	\$29.75	-
17	\$29.75	-	\$29.75	-
18	\$29.75	-	\$29.75	-
19	\$29.75	-	\$29.75	-
20	\$29.75	-	\$29.75	-
Total	\$1,814.47		\$1,814.47	

7. Race Numbers / Timing Chips
8. UCI category racers will have two shoulder numbers and one hip number. All other categories will only have a hip number.

UCI category racers will have two shoulder numbers and one hip number. All other categories will only have a hip number.

The hip number is to be placed on the left side of the body with the bottom of the number aligned with the middle side panel of the jersey. The shoulder number is to be placed on the front facing portion of the upper arm.

Proper race number placement:



Timing chips will be used to score UCI and USAC races. Timing chips will be provided at Registration with race numbers. If you presently have a timing chip from MFG Cyclocross or Cross Revolution please use it at this event.

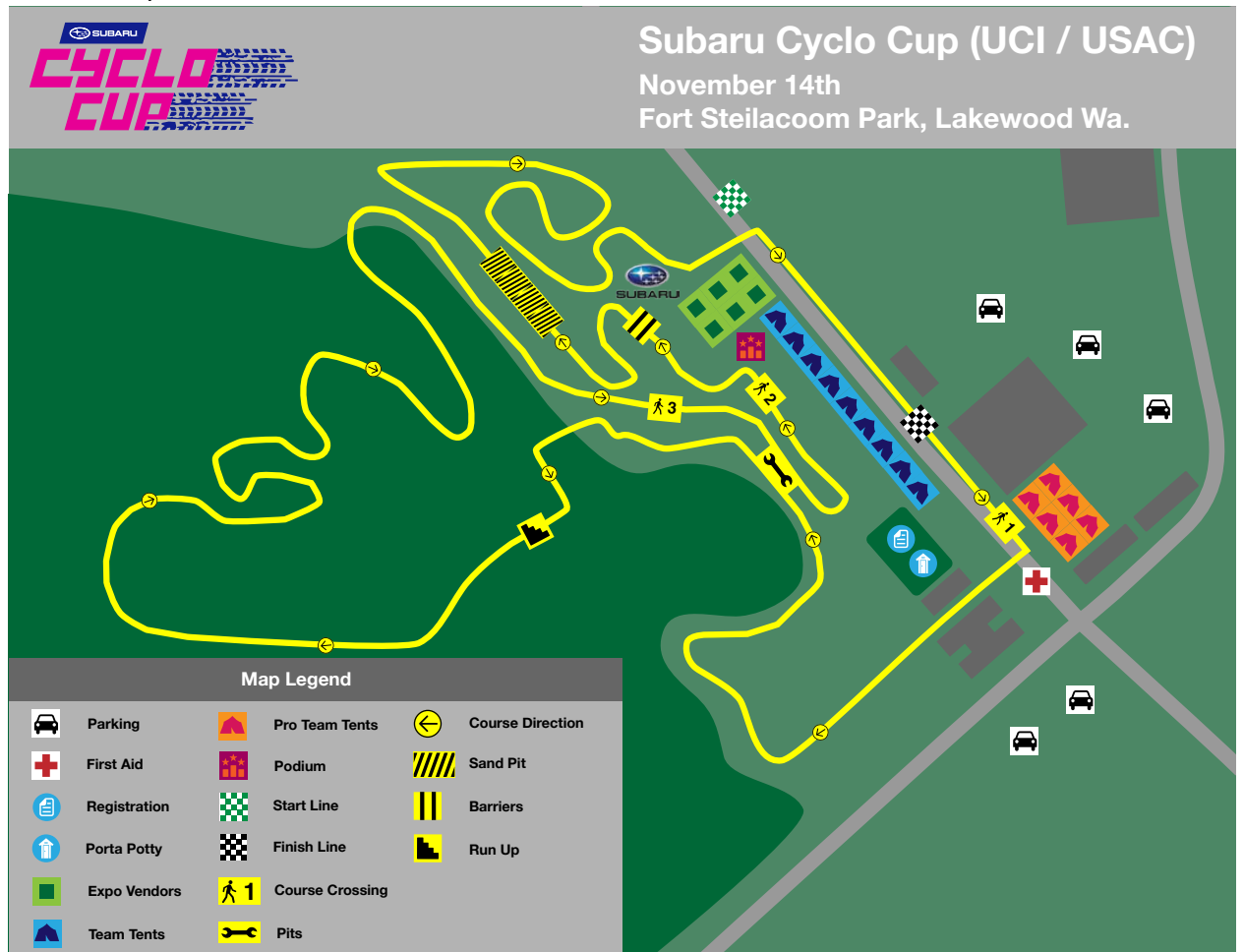
Proper timing chip install:



Riders risk not being scored in their race for misplaced or misapplied numbers or timing chip. Please be sure to properly place the numbers according to the above guidelines. Riders shall ensure that their number is visible and legible at all times. Numbers folded, altered, or not well fixed may result in a fine according to USA Cycling and UCI regulations.

The same numbers and timing chips will be used both days.

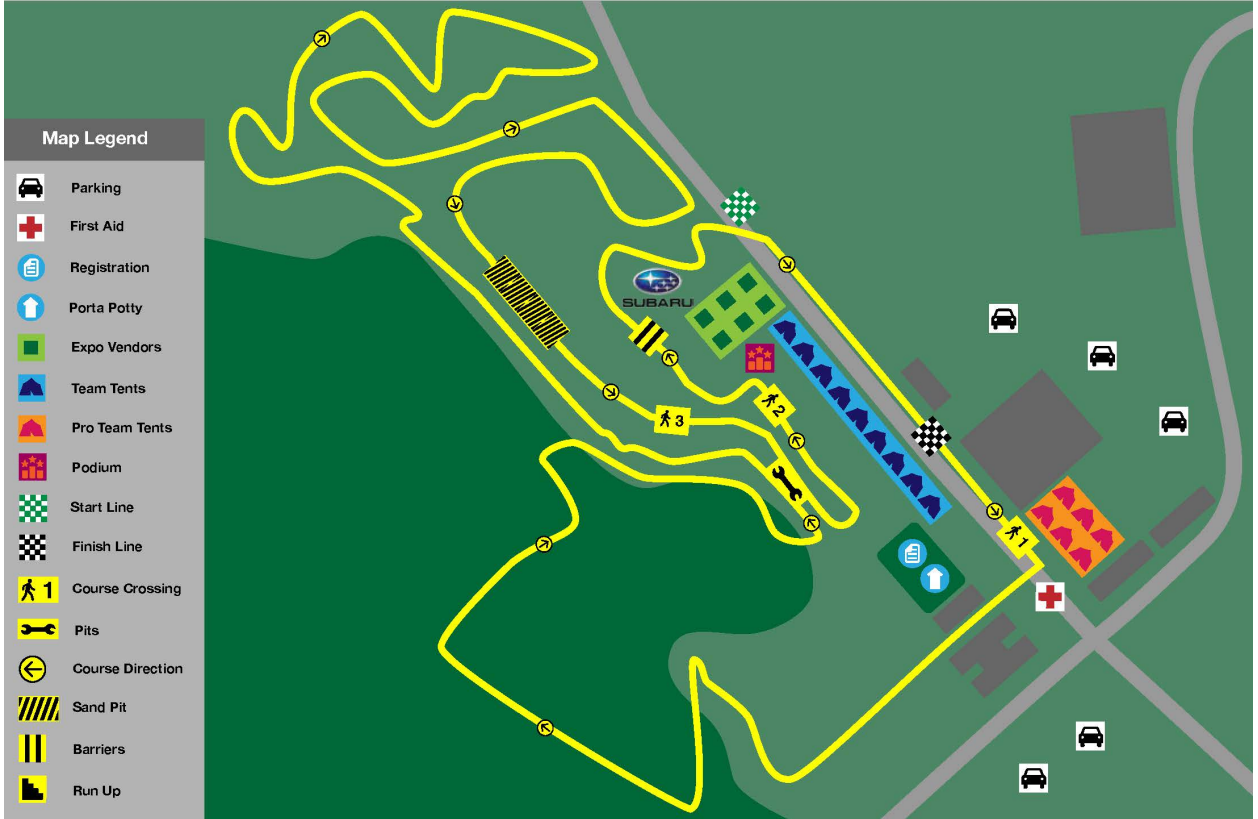
9. Course Maps





Subaru Cyclo Cup (UCI / USAC)

November 15th
Fort Steilacoom Park, Lakewood Wa.



10. Start Area Staging /Rider Call Ups

Riders must present themselves at the Start Area 10 minutes before the start of their event for staging and call-ups.

For UCI events, riders are staged per the latest published individual UCI Cyclocross Classification. Unclassified riders are staged per random draw.

For USAC events:

Day One - By order of registration.

Day Two - By Day One results.

11. Lapped Riders

UCI 5.1051 Lapped riders must complete the lap during which they were lapped and leave the course via an exit located before the finish stretch, as directed by a race official. The 80% rule may be applied. Riders must leave the course when directed at the 80% zone. Lapped riders are scored in the order in which they are pulled out of the race plus the number of laps, which have not been completed.

For the USAC races, every effort will be made to allow lapped riders to continue, but will finish on the same lap as the leader. Lapped riders will be scored by the number of laps down and the order of their finish.

12. First Aid/Emergency Services

First Aid, Ambulance and Medical Staff will be located as shown on Course Maps.

The nearest hospital to Fort Steilacoom Park is St. Clare Hospital at 11315 Bridgeport Way SW, Lakewood, WA 98499 (253 985-1711)

13. Results

Will be posted at the Registration as shown on the Course Maps and Webscorer.com.

14. Awards

Awards will be done at the Podium as shown on the Course Maps. Awards for amateur races will be done 15 mins after race results are posted at the Registration.

Podium Presentations for the Elite Women and Men will be done at 4:15 pm.

ALL UCI PRIZES WILL BE DISTRIBUTED AT PODIUM. PRIZES NOT CLAIMED BY SUNDAY AT 5PM ARE FORFEITED.

15. Directions

Fort Steilacoom Park

From Seattle/points North:

From I-5 South, take exit 129 South 74th Street turning right at the stoplight. After 3-4 miles the road veers left changing names to Custer Road. After another mile take the "Free Right Turn" onto 88th St. SW. The road will shortly change names to Steilacoom Blvd. In approximately 1 mile turn left at 87th Ave SW and take the next right into Fort Steilacoom Park. Turn left and follow the road to parking by the barns.

From Portland/points South:

From I-5 North, take exit 124 and take the right ramp following signs for Gravelly Lake Dr. SW. Keep left to stay on Gravelly Lake Dr. SW. Turn left onto Washington Blvd SW. Turn right onto Interlaaken Dr. SW. Bear left onto 104th St. SW. Turn right onto Hipkins Rd. SW. Turn left onto Steilacoom Blvd. Turn left at 87th Ave SW and take the next right into Fort Steilacoom Park. Turn left and follow the road to parking by the barns.

16. Team Tents, Team Parking, Vendors

As shown on Course Maps.

1. Tents must be loaded in by 7:00 am.
2. Amateur team tents will be placed as shown on the Course Map near the Start/Finish stretch.
3. Professional teams will be placed as shown on the Course Map at the east side of the Finish Line. These spots will be limited and must be reserved. To reserve one of these spots email terry@mfgcyclocross.com. Please describe your footprint in this email.
4. Tents from team to team must be butted up against each other tight along the row to conserve space.
5. Tents must be staked or weighted to avoid movement from wind.
6. Tents will not be allowed in any other area.
7. Anyone not working with race staff in a courteous way to get set up correctly in the Team Area will not be allowed to set up a team tent.

17. Neutral Support

FSA will be staged in the Vendor Area as shown on the course maps to offer technical support to riders. FSA will also have neutral wheel support in the Pits.

18. Event Staff, Contacts

Terry Buchanan - Race Director

Zac Daab - Media and Expo Coordinator

Scoring - Kiefer Dundas

Registration - Tim Bridgham

Course Design and Maintenance - Rich McClung & Robert Trombley

Awards Coordinator - Tamara Donnelly

Announcing - Alex Walker & Ethan Meginnes

Volunteer Coordinator - John Herzog

19. Officials

President - Carla Geyer

Panel Member - Tod Manning

Panel Member - TBD

Race Secretary - TBD

Chief Judge - Dorothy Abbott

Judge - TBD

20. Sponsors

Title Sponsor - Subaru

Supporting Sponsors:

Miir

Scratch Labs

Tacoma South Sound Sports Commission